SUSIE SARKOZY

FRC PROFESSIONAL EDUCATION

Forced Relational Conditioning

How belonging becomes tied to an assigned role, how that role is enforced, and what happens when the governing order begins to collapse.

Explore Susie Sarkozy’s framework through live teaching and educational consultation. The five-course series is for professionals who want to understand coercive family roles and the relationships that hold them in place.

FRC Foundations

$125 per person USD | Live online | For professionals

A general overview of the conditioning process, the four structural positions and the three tiers, with a family example to connect the ideas.

60 minutes of teaching + 30 minutes of questions.
Planned materials: a participant booklet with space for notes and a companion instructor manual.

Teaching availability is planned from February 2027. Dates and registration details will be announced on the FRC page. Foundations and the four deeper courses are offered separately.

PROFESSIONAL VERIFICATION

Enrollment requires verification of your professional role. Provide your role, organization and work email, plus one relevant credential or public professional profile. A license or NPI may be used where applicable; employment confirmation is accepted for roles without these identifiers. International equivalents are welcome.

BEGIN WITH THE FRAMEWORK

Read the accepted author manuscript freely and inquire about a future seminar or a private educational engagement.

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FIVE COURSES. INDIVIDUAL PATHS INTO THE FRAMEWORK.

Go deeper into FRC

Begin with Foundations for an overview, then choose the subjects you want to explore in depth. Each deeper course is being developed with an instructor manual and a participant workbook or notes booklet.

The Systems Architect

Explore the proposed developmental origins of the governing role, why the established order matters to this person, and how authority operates across the family and the tiers.

The Formless Center

Examine the position that sustains family functioning around the governing order, including accommodation, coercive authority and relationships with the other positions.

The Banished and Tethered Children

Study the two childhood positions together: how belonging becomes organized differently, how the children relate to caregivers and each other, and possible developmental pathways.

The Three Tiers of FRC

Explore Scripting, Enforcement and Catastrophic Script Collapse through scenarios and reflection on how a family responds when someone moves beyond an assigned role.

The four deeper courses are in development. Their prices, durations and dates will be announced separately. Learning materials are planned and will be confirmed with registration.

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ORGANIZATIONS AND DOMESTIC VIOLENCE SHELTERS

Learning for teams

Private virtual or in-person engagements

Request a proposal tailored to your audience, teaching time, questions and materials. In-person per-person fees include the presenter’s meals and incidentals. Transport, accommodation and suitable local travel are quoted separately for the destination and dates. International inquiries are welcome.

Complimentary education for shelter staff

A dedicated online Foundations program for verified domestic violence shelter staff: two hours of teaching, including a break, plus an optional hour of questions and shared discussion. One designated staff place per qualifying shelter per cohort, subject to capacity.

The shelter resource package includes a staff interview guide, a resident reflection workbook organized around the tiers, and guidance for optional staff-facilitated meetings. Materials are a review edition for practitioner feedback before service use. Verification uses public organizational contacts and staff credentials while preserving confidential shelter locations.

PLAN AN ENGAGEMENT

Email your organization or role, intended audience, preferred format and approximate dates. Susie will confirm scope, availability and any applicable fee before an engagement is arranged.

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THE SOURCE PAPER

Sarkozy, S. (2026). Forced relational conditioning: A three-tier framework. Journal of Theoretical and Philosophical Psychology. Accepted for publication.

DOI: 10.1037/teo0000401

Educational consultation and companion resources are offered independently by Susie Sarkozy. FRC is a provisional theoretical framework requiring empirical investigation. Clinical assessment, treatment and individual safety decisions remain with qualified professionals and established procedures. Continuing-education accreditation is yet to be established.